



# Beauty and Wellness

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*Enjoy, blossom, relax and recharge  
in the Ramsi Wellness Oasis*



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100%  
Vagheggi Phytocosmetic

## Facials to enjoy

### ***Beauty rituals with precious essences from nature***

Let us pamper you with delightful beauty rituals that make you shine. In this treatment, we use the high-quality natural cosmetic products by Vagheggi Phytocosmetic.

Each of our 50-minute facials starts with a personal skin type determination. This is followed by cleansing, peeling, neck and décolleté massage, the application of a mask and a final care product. Our 80-minute rituals also include deep cleansing and a highly effective ampoule or serum. Just choose what you prefer:

#### ***Emozioni-plus Ritual***

Regenerating facial treatment: a treat for sensitive skin. The essences of curcuma and blueberry reduce visible redness and irritation, protect and soothe.

#### ***Rehydra Ritual***

Moisturising facial: a refreshing short break for the skin. The natural active ingredients of hollyhock and hyaluronic acid provide the skin with extra moisture and make it supple and soft.

50 minutes	€ 82
80 minutes	€ 102

50 minutes	€ 82
80 minutes	€ 102

*Beauty and care for men and women*



„Radiate all over your face and feel just wonderfully.“

***Delay Ritual***

Vitalising facial treatment: The reconstructive combination of crocus extract and hyaluronic acid has a phenomenal effect and achieves a smooth and rejuvenated skin.

50 minutes	€ 87
80 minutes	€ 112

***Intense Ritual***

Intensive facial treatment: Extracts of peony and hyaluronic acid penetrate deep into the skin and stimulate cell activity. For radiantly beautiful and firmer skin with rosy complexion.

50 minutes	€ 87
80 minutes	€ 112

***Beautiful Eyes Ritual***

Decongestant eye care: natural care for the delicate skin area around the eyes. The jelly eye mask moisturizes, gives the skin a fresh kick and provides a visible anti-aging effect. Can be booked in combination with any facial treatment.

25 minutes	€ 43
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***Ramsi feel-good tip for home:***

Selected Vagheggi beauty products are also available in our Ramsi Wellness Oasis for takeaway.







## Beauty specials to make you blossom

### *The perfect complement to facial treatment*

#### **Perfect Finish Eye-Styling**

Brow shaping, Brow dying or Eyelash dying

€ 15

#### **Perfect Finish Eye-Styling Ritual**

Brow shaping, eyelash and brow dying

30 minutes

€ 40

#### **Facial Hair Waxing**

Brow waxing, Upper lip waxing or Chin waxing

€ 15

## Magically manicured hands and feet

#### **Magic Hands / Manicure**

Manicure without polish

40 minutes

€ 48

Manicure with polish

40 minutes

€ 58

#### **Magic Feet / Pedicure**

Pedicure without polish

40 minutes

€ 48

Pedicure with polish

40 minutes

€ 58



## Bliss for the spine

### *Spinal Wellness Therapy XL according to Dorn-Breuss*

Deeply effective back treatment according to Dorn-Breuss: a soothing therapy for the spine and joints with natural St. John's wort oil. Loosens the intervertebral muscles and releases physical and mental tension. Pure deep relaxation - in an extra-long treatment session.

80 minutes      € 130

### *Spinal Wellness Therapy XL according to Breuss*

Deeply effective back treatment according to Breuss: a soothing therapy for the spine and joints with natural St. John's wort oil. Loosens the intervertebral muscles and releases physical and mental tension. Pure deep relaxation - in an extra-long treatment session.

25 minutes      € 45





## Massages to relax

### ***Body-Cult Full Body Massage***

#### ***Body-Cult-Ganzkörpermassage***

Classic full body massage: individual relaxation for muscles and tissues

50 minutes € 74

#### ***Section-Control Partial Massage***

Classic partial massage: relieves tensions in back, neck or leg muscles

25 minutes € 43

#### ***Just-Relax Relaxation Massage***

Flowing relaxation massage: a treat for the stressed shoulder and neck area

25 minutes € 43

#### ***Comfort-Zone Foot Reflexology***

Classic foot reflexology: activation for organs, muscles and the nervous system

25 minutes € 43

#### ***Perfect-Harmony Balance Massage***

Pampering balancing massage: harmonises head and shoulders, neck and feet

50 minutes € 80





„Just lie down and let golden hands do their magical work.“

***Pleasure-Time Pregnancy Massage***

Rhythmic relaxation massage: an enjoyable break that conveys a wonderful feeling of security. Circular, rhythmic movements provide pure relaxation.

25 minutes € 45

***Lucky-Charm Aroma Oil Massage***

Pleasant aroma oil massage: heavenly caressing for body and soul with fragrant, warm aroma oils that can be individually selected.

25 minutes € 45  
50 minutes € 80

***Soul-Stroking Lymph Flow Activation***

Gentle lymph flow activation: a deeply relaxing application in which lymph circulation is stimulated by gentle hand movements, assisting detoxication.

25 minutes € 45  
50 minutes € 80

***Fountain-of-Youth Cupping Massage***

Activating cupping massage: a welcome boost for the immune system and the metabolism. Stimulates blood circulation and releases tensions. Ideal for stress relief.

25 minutes € 43





## Special massages for refuelling

### *Massages and wellbeing treatments with the X factor*

**Ayurvedic Abhyanga Full-Body Massage** ... Indian full body massage: a harmonising hot oil anointing by „loving hands“, where you can completely let your hair down. Ideal for relaxation and detoxification.

50 minutes € 80

**Lomi-Lomi Nui Temple Massage** ... Hawaiian temple massage: an invigorating composition of rituals, this massage applies warm coconut oil and body work in the rhythm of breath and music. A source of joie de vivre and security.

50 minutes € 94

**Pantai-Luar Herbal Stamp Massage** ... Indonesian herbal stamp massage: a deeply relaxing experience that frees body and mind. It relieves tension, stimulates the lymph flow and induces perfect well-being.

25 minutes € 59

50 minutes € 94

**Hot-Stone Full Body Massage** ... Classic hot-stone whole-body massage a unique pleasure. The massage with warm basalt stones goes deep under the skin, harmonises and relaxes the muscles.

50 minutes € 94



"Would you like some more? A detox massage, a pine-oil peeling or perhaps an ear candle treatment?"

**Detox-de-Luxe Brush Massage** ... Detoxifying dry-brush massage: a vitalising massage giving you fresh energy. Circular brush movements promote blood circulation, stimulate the metabolism and detoxify the skin, leaving it wonderfully smooth.

50 minutes € 80

**Pine Heat** ... Relaxing whole-body massage with a heat wrap filled with pine wood: a spicy combination that smells wonderfully, relieves tension, promotes blood circulation and provides strength.

50 minutes € 80

**Pine Magic** ... Soothing partial massage with a pine-oil whole-body peeling: a heart-strengthening pleasure, wonderfully aromatic, relaxing and nourishing. Perfect for unwinding and after sports.

50 minutes € 80

**Happy Ears Ear-Candle Treatment** ... Classic ear-candle treatment: a pleasant application to free the head. Beneficial for headaches and sinus issues as well as colds.

25 minutes € 45

**Happy Day Partial Massage** ... Regenerating partial massage with an ear-candle treatment: a warming and loosening blessing if you have tensions in the shoulder and neck area. Relaxing, stress-releasing and at the same time invigorating.

50 minutes € 80





## Wellness treatments for kids and teens

### *Little moments of joy that have a great impact*

**Back Scratch Massage** ... Mini back massage: gentle strokes for shoulders and back

15 minutes € 26

**Chocolate Tiger Massage** ... Mini aroma massage: fragrant partial massage with warm chocolate oil

15 minutes € 26

**Surfers Massage** ... Mini Lomi-Lomi-Nui massage: Hawaiian-style deep relaxation with warm coconut oil

25 minutes € 43

**Flintstone Massage** ... Mini hot-stone massage: soothing massage with the power of warm volcanic stones

25 minutes € 43

**Velvet-Paw Manicure** ... Mini manicure: perfectly polished fingernails and bouncy multi-coloured nail polish

20 minutes € 26

**First-Beauty Facial Treatment** ... Mini facial treatment: a small refreshment including cleansing, mask and brush massage

25 minutes € 45



## Ramsi's Imp-ortant wellness rules

Before you dedicate yourself fully to relaxation in our Ramsi Wellness Oasis, please make sure to read the following information. Thank you very much!

### *Take your time*

So that you can enjoy your feel-good time from the first second, we ask you to arrive on time for your treatment appointments. Unfortunately, if you are late, this will shorten your treatment time. We ask for your kind understanding out of consideration for the following guests. After your wellness or beauty ritual, we recommend you get a bit of rest. In our Alpen Spa we have prepared comfortable relaxation rooms for you. Just lie down and relax with an aromatic cup of tea. This will do you a world of good!

### *In a bathrobe to wellness*

Please come to your wellness treatment in a bathrobe and without jewellery. In your rooms we have prepared fluffy bathrobes for you: the perfect outfit for a perfect wellness day.

### *Your health takes priority*

For you to feel completely comfortable with us and so that we can respond individually to your needs, please let us know your wishes in advance. Please also let us know if you have health problems or if you are pregnant.

### *Cancellations: when you really can't make it*

Please let us know at least 12 hours before your wellness treatment if you cannot come. If you cancel later or do not show up for your appointment, we will unfortunately have to charge you 80% of the treatment price.





# Beauty and Wellness

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*We are looking forward for your next wellness visit.*



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